

Grow... Nurture ... Produce

Let's go through the stages of Rescue, Redemption, and Restoration that God uses to tend the garden of our hearts.

Step 1 ~ Rescue your heart with Prayer: Cultivate your heart to receive God's Word.

- ❏ Prepare by coming to this study with an open heart and a willingness to learn, change and grow.
- ❏ Pray before you read the Word asking the Father to enlighten you as you read.

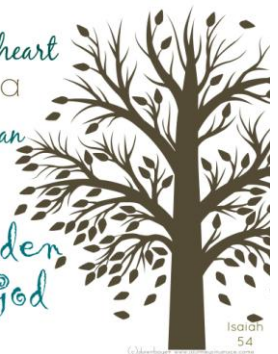
Step 2 ~ Redeem your heart with the Word of God: Plant the seed of His Word

- ❏ Read the Word of God
- ❏ Take time to review the passage, at least 3 times.
 - Sometimes we need to read it more than once:
 - 1st to get the context of the material
 - 2nd to read the intent of the message
 - 3rd to find the main idea of the lesson
- ❏ Copy the passage or rewrite the main idea, keywords, or phrases.
- ❏ Meditate on His Word and commit it to memory.

Step 3~Restore your heart as you share what you learn: Grow, Nurture, and Produce.

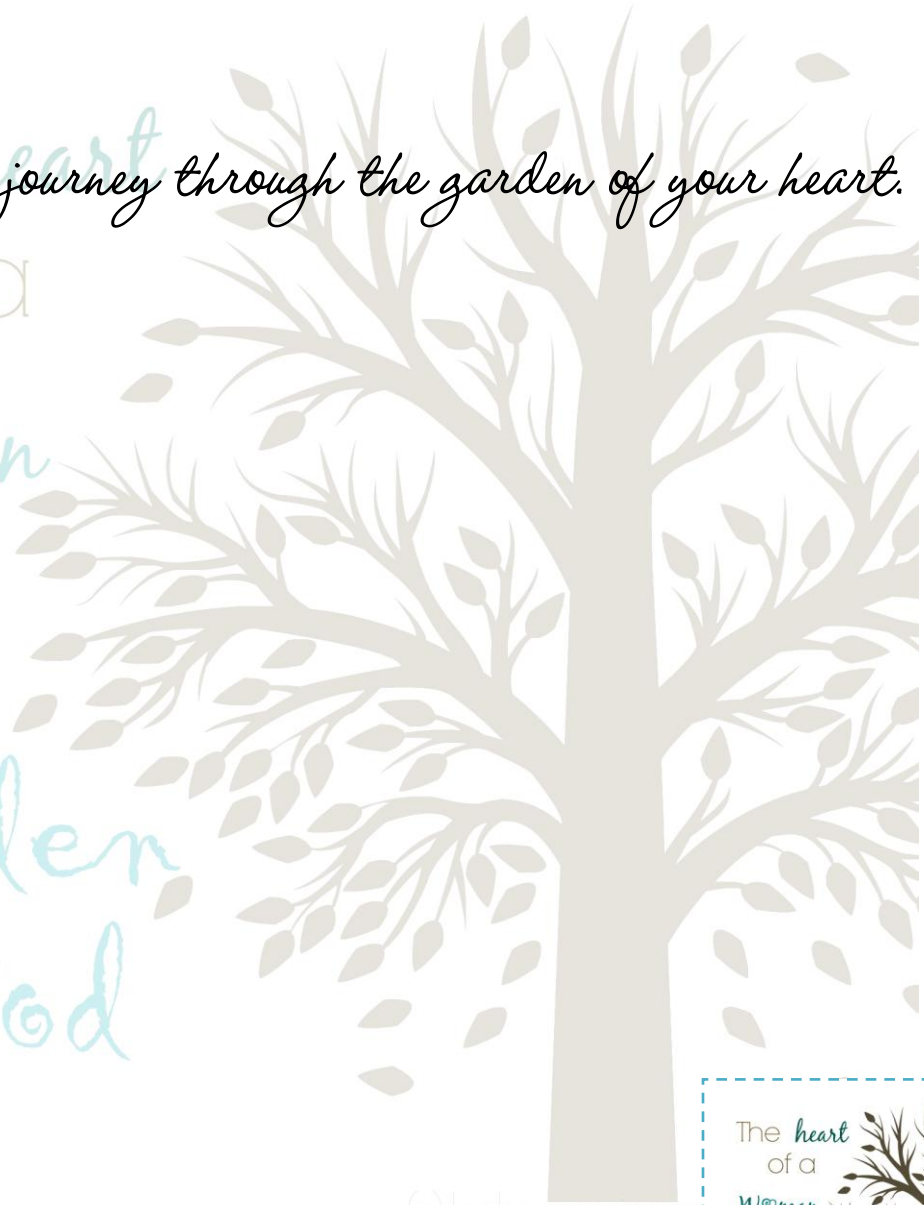
- ❏ After you have prayed (cultivated your heart), read God's Word (planted the seed), now you need to journal your thoughts (grow the fruit).
- ❏ The Hebraic culture asked questions, much like Jesus taught His disciples. Here are a few examples to get you started:
 - How can I apply what I am reading and learning to my daily life?
 - How can I share it with someone else?
 - What is my testimony of grace and mercy at the hands of the Savior?
 - What other spiritual principles relate to this?
 - List any supporting scriptures as you write.
- ❏ Give thanks!
 - One of the most important steps in the growth process is gratitude.
 - Purpose to write down all He has done and give thanks.
- ❏ Commit your day to the Lord and share what you have learned.

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The heart
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